

Volunteers can GIVE, GET & GROW In the Ellington Community



Does your
neighbor
need help?

UR Community Cares

URCommunityCares.org

UR Community Cares, is seeking volunteers who want to make an impact in the lives of older adults/physical disability in Ellington. Imagine the impact you can make to neighbors when you volunteer to help with housework chores, yard work, transportation and companion. Providing your time to those in need, at no charge will allow them to age in place.

- **Give your time to serve town residents**
- **Get to know someone new while your community gets to know you**
- **Grow yourself, this is an opportunity to meet neighbors**

URCommunityCares.org matches local Volunteers age 15+ to Community Members age 70+ or age 18+ with a physical disability (temporary after surgery/illness or permanent due to arthritis/stroke). All participants are background-checked. Our website allows anyone to connect easily for: raking, pet care, shoveling, taking out the trash weekly, transportation for medical appts. Choose what assistance you can give and best fits with your schedule to volunteer.

☐ Youth Groups Can Volunteer Together to Make a Positive Impact

Refer someone in need or contact us if you have any questions on how you can make a difference in Ellington:

www.URCommunityCares.org

**Call Michelle Puzzo, President, at 860-430-4557
or email info@URCommunityCares.org**