

COMMUNITY RENEWAL TEAM MENU & INFORMATION



To reserve a meal for:
Monday lunch: sign up by 11am the Friday before;
Tuesday lunch: sign up by 11am the Monday before
Suggested Donation: \$2.50



Thank you to the CRT Volunteers:
Terry Caron, Bill Correia, Kathi Peterson, Shirley Pinard, Donald Rudalewicz, Ann Williams

ELLINGTON SENIOR CENTER JANUARY-2017 MENU

MONDAY	TUESDAY
January 2, 2017 CLOSED IN OBSERVANCE OF NEW YEAR'S DAY HOLIDAY	January 3, 2017 NO LUNCH
January 9, 2017 Orange-Pineapple Juice-4 oz. Seasoned Chicken in Alfredo Sauce-3 oz. Over Penne Pasta-1/2 c. Broccoli Florets-1/2 c. 100% Whole Wheat Bread-1 sl. Fruit Cocktail -1/2 c. Milk-8 oz.	January 10, 2017 Cream of Broccoli Soup-1 c. Chef Salad w/Mixed Greens-1c. (Shredded Cheese-1 oz./Turkey Ham-1 oz.) Cooked Egg-1 ea. Raspberry Vinaigrette Dressing-1 pkt. Saltine Crackers-2 pkts. Pineapple Tidbits-1/2 c. Milk-8 oz.
January 16, 2017 CLOSED IN OBSERVANCE OF MLK HOLIDAY!	January 17, 2017 NO LUNCH
January 23, 2017 Stuffed Cabbage w/Marinara Sauce- 1 pc=3 oz./1/2 c. Rice Romano-1/2 c. Beets-1/2 c. Oatnut Bread-1 sl. Fresh Apple-1 ea. Milk-8 oz.	January 24, 2017 Hearty Vegetable Soup-1 c Hot Dog-1 pc=3 oz. Baked Beans-1/2 c. Sauerkraut-1/2 c. Mustard/Ketchup/Relish-1 pkt. ea. Hot Dog Roll-1 ea. Raspberry Strudel Stick-1 ea.
January 30, 2017 Country Fried Steak-1 pc=3 oz. Lyonnaise Potatoes-1/2 c. Caribbean Blend Vegetables-1/2 c. Pumpnickel Bread-1 sl. Fresh Apple-1 ea. Milk-8oz.	January 31, 2017 Cream of Asparagus Soup-1 c. Garden Salad Greens-1 c. Cherry Tom./Cucumbers/Onions-1/2 c. w/Tuna Salad-1/2 c. Italian Dressing-1 pkt. Wheat Dinner Roll-1 ea. Fresh Orange-1 ea. Milk-8 oz.

ARTISTS WANTED for 3rd Annual Community "GALLERY NIGHT"

We're looking for artists to participate in our upcoming town-wide **GALLERY NIGHT!** On Saturday, February 11th from 4 pm to 7 pm (Snow Date February 18th) artists of all ages are invited to showcase their work at our community-wide **GALLERY NIGHT** at the Ellington Senior Center. All types of artwork will be displayed including paintings, prints, drawings, photographs, sculpture, graphic design, jewelry, and more. The event is hosted by Rise Above, a Human Services Student Leadership Group. If you are interested in participating, please contact our student chairperson, Kendall, at ellingtongallerynight@gmail.com for all the details. You may also contact Youth Services at 860-870-3130. Not an artist? **SAVE THE DATE** and please come and see all the beautiful artwork from around our community.

